



MIDDLESEX HOCKEY ASSOCIATION
EST. 2000



MIDDLESEX JUNIOR DEVELOPMENT CENTRE PROGRAMME 2011 **U13(1999) – U17(1995) BOYS AND GIRLS**

NOMINATIONS SOUGHT

To: All Clubs and Schools

Dear Hockey Coach,

In association with England Hockey Board (EHB), Middlesex Hockey Association (MHA) is once again running their Junior Development Centre (JDC) coaching programme to identify and develop young players with potential in the county. We are inviting nominations from clubs and schools for boys and girls aged U13 – U17 born between 1999 – 1995. Children born in 2000 will also be considered for the programme if their application is strongly supported by their club or school coach and it is considered that they will cope with playing a year up, and if spaces allow.

There will be three JDC's across the county at leading venues and centres will run a five session coaching course for boys and girls to include a festival between JDC's in each age group. These centres will provide the opportunity for a large number of young players to receive advanced coaching from qualified EHB coaches in line with the Single System pathway to County, Regional and International hockey with the considerations of the Long Term Athlete Development Programme incorporated for junior athletes in this country.

The JDC's will be based at Eastcote Hockey Club, Southgate HC and Teddington HC.

Please nominate players that you consider have potential for hockey and would benefit from the programme and its future pathway. There will be a large variation in the amount of hockey coaching players have received. We are not just looking for experienced players. We are also looking for children who are athletic, with a good hand-eye-ball co-ordination, who are coachable and eager to improve their hockey skills. Please nominate them along with those already showing an aptitude for hockey.

Current JAC (county) players should also be nominated. However, JAC players selected for their Junior Regional Performance Centre (JRPC Tier 1) squad to play in the JRPC Tournaments, Regional and England players will return to the JAC programme which follows the JDC programme in January 2012.

The Middlesex JDC programme will run during the preparation phase of the EH calendar from September to December 2011. Following the Festivals the best players from the programme will be selected into the JAC training squads for January 2012.

Please forward the 'Middlesex Hockey JDC Registration 2011' forms directly to your nominees. The registration form should then be completed and returned to me, with payment and photograph by mid August 2011.

Over the years to come Middlesex Hockey Association aim to widen the base of quality players in the county for the future success of our athletes and our sport.

We look forward to coaching your players and hope that one day they will join the ranks of Middlesex players representing their region and their country.

Yours Sincerely,

Sara Walker

MHA Junior Hockey Development middxhockey@gmail.com 020 8878 9227



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JUNIOR DEVELOPMENT CENTRE VENUES, DATES AND TIMES 2011

EASTCOTE HC	SOUTHGATE HC	TEDDINGTON HC
Kings College Rd, Ruislip, Greater London HA4 7JZ	Trent Park, Snakes Lane, Oakwood, EN4 0PS	Teddington School, Broom Road, Teddington, Middlesex, TW11 9PJ

Eastcote HC Southgate HC Teddington HC	Eastcote HC Southgate HC Teddington HC	Eastcote HC Southgate HC Teddington HC	Eastcote HC Southgate HC Teddington HC
U13 1999	U14 1998	U15 1997	U16 & U17 1996 & 1995
11th September Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	11th September Boys Eastcote 3.15-5.15pm Boys and Girls Southgate 3-5pm Teddington 2-4pm	25th September Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	11th September Boys Eastcote 5.15-7.15pm Boys and Girls Southgate 5-7pm Teddington 4-6pm
18th September Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	18th September Boys Eastcote 3.15-5.15pm Boys and Girls Southgate 3-5pm Teddington 2-4pm	9th October Boys Eastcote 3.15-5.15pm Boys and Girls Southgate 3-5pm Teddington 2-4pm	25th September Boys Eastcote 3.15-5.15 Boys and Girls Southgate 3-5pm Teddington 2-4pm
23rd October Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	9th October Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	23rd October Boys Eastcote 3.15-5.15pm Boys and Girls Southgate 3-5pm Teddington 2-4pm	9th October Boys Eastcote 5.15-7.15pm Boys and Girls Southgate 5-7pm Teddington 4-6pm
30th October Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	30th October Boys Eastcote 3.15-5.15pm Boys and Girls Southgate 3-5pm Teddington 2-4pm	6th November Boys Eastcote 1.15-3.15pm Boys and Girls Southgate 1-3pm Teddington 12-2pm	23rd October Boys Eastcote 5.15-7.15 Boys and Girls Southgate 5-7pm Teddington 4-6pm

JUNIOR DEVELOPMENT CENTRE FESTIVALS 2011

EASTCOTE HC U13 Boys and Girls 20th November 12-4pm	SOUTHGATE HC U14 Boys and Girls 20th November 1-5pm	SOUTHGATE HC U15 Boys and Girls 4th December 1-5pm	TEDDINGTON HC U16 and U17 Boys and Girls 4th December 12-4pm
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INFORMATION

England Hockey Board has now been running 'The Single System' for developing young players in this country for three years. It is based on scientific research, or the Long Term Athlete Development Programme, which has been widely adopted by other major sports in England

The Single System is a process of delivery with a structured pathway designed to enable, not just junior players, but coaches and officials, to fulfil their potential in an equitable, transparent and consistent manner across the country. It is designed to give equal opportunities and equity in coach delivery whether you live in Middlesex or any other county. It will ensure that suitable levels of coaching and competition are offered at appropriate stages of development to fulfil potential, be it as a club or International player, coach or official.

1. JUNIOR DEVELOPMENT CENTRES (JDCs)

This is the first level designed to deliver the development of core skills above school and club at local training centres for boys and girls aged U13-U17 in any one calendar year. JDC's are open to players nominated by schools and clubs with either current or potential talent in hockey. Coaching will be delivered to an England Hockey syllabus by qualified coaches and in addition to training there will be competition between local county based JDC s. Following the JDCs players will be nominated by their coaches to attend Junior Academy Centre (JACs) after Christmas. Players who have not been selected for Tier One Junior Regional squads will be able to return to their JDC's for further coaching if they wish and place are available.

2. JUNIOR ACADEMY CENTRES (JACs)

This is the second step on the England Hockey development ladder and formerly county hockey. Nominated players from the JDCs will receive further coaching in the core skills and match play from qualified coaches with competition between the JACs within regions. JACs will run from January to May in a given season. Following the JAC programme, coaches will nominate players to attend assessments for the Junior Regional Performance Centres (JRPC) for potential regional players.

JACs are for boys and girls from U13-U17 and all age groups will participate in the Southern Counties Championships. Middlesex are seeking to coach approximately 24 boys and 24 girls in each age group, but in the U13's the squad may be up to 30 players and will include a development squad. Selected squads of 16-18 players will then represent the JAC in matches. Players selected for England following regional activity will not take part in JAC activity.



